

4 Ingredients: Over 340 Quick, Easy & Delicious Recipes Using 4 or Fewer Ingredients

Kim McCosker, Rachael Bermingham



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In this practical 'every day' cook book there are fantastic recipes from breakfast to dinner, entrees to desserts, cocktail food to soups and salads and much more, using ingredients readily available in your local supermarket. 4 Ingredientsis cooking made easy, the ingredients are familiar, the methodology simple and you won't need to spend a fortune on measuring utensils, to use 4 Ingredientsyou can use common kitchen implements such as teaspoons and tablespoons. This cookbook takes the chore out of cooking and you will be thrilled at how 4 Ingredientswill save you time and money in the kitchen. If you are a busy person, are on a tight budget, have moved out of home, are fine tuning your culinary skills, going camping, or are on the move and haven't a lot of room for a full pantry, or you simply haven't had time to do the groceries, then this is the book for you!



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