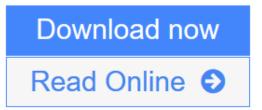


Gastro-esophageal reflux disease- a self help guide.: Dietary treatment of gastro-esophageal reflux.

Constantin Panow MD



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Conventional treatment of GERD relies mainly on drugs. Dietary approach is though fully efficient, but unrecognized as such in modern medicine. This booklet aims at better management of this frequent disease.



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