



At Home with Umami: Home-cooked recipes unlocking the magic of super-savory deliciousness

Laura Santtini

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Explore the wonder and magic of the fantastic fifth taste with over 60 tantalizing recipes that take flavor to another dimension. Umami is the super-savory fifth basic taste. It is both ubiquitous and elusive, present but often unrecognized, and it has the extraordinary ability to enhance individual flavors, transporting dishes to another level. It is the taste that keeps on giving long after salty, sweet, bitter, and sour flavors are spent. Umami is a Japanese word that translates as 'savory deliciousness', but it is far from a Far Eastern concept. It is absolutely universal and does not belong to any single culture - it can be shared, enjoyed and appreciated by all those in possession of a tongue. Everyone has experienced it - the salted anchovy that melts into the tomato of a pizza, the irresistible marriage of pancetta and Parmesan in a creamy spaghetti carbonara, or the rich, caramelized chorizo in a pan-fried calamari and chorizo salad. Once understood, umami is your best friend both in and out of the kitchen. It is a total game-changer for cooks of all levels who want to grab life with both hands and lick it. In this book, you'll discover extraordinary new flavor combinations in dishes such as baked Camembert with Parmigiano Reggiano and Roasted Cherry Tomatoes, Peppered Seared Tuna with Matcha Miso Vinaigrette, and Coconut and Cardamom Butter Chicken. This book contains a taste of the wonder and magic of umami, and once bitten you will forever be smitten.

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