



# **Cognitive Behavioral Therapy for the Busy Child Psychiatrist and Other Mental Health Professionals: Rubrics and Rudiments**

*Robert D. Friedberg, Angela A. Gorman, Laura Hollar Wilt, Adam Biuckians, Michael Murray*

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*Cognitive Behavioral Therapy for the Busy Child Psychiatrist and Other Mental Health Professionals* is an essential resource for clinical child psychologists, psychiatrists and psychotherapists, and mental health professionals. Since 2001, psychiatry residency programs have required resident competency in five specific psychotherapies, including cognitive-behavioral therapy. This unique text is a guidebook for instructors and outlines fundamental principles, while offering creative applications of technique to ensure that residency training programs are better equipped to train their staff.

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