



Making Waves: Irving Dardik and His Superwave Principle

Roger Lewin

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The biography of a medical maverick who is challenging scientific convention with his astounding approach to achieving and maintaining health.

Dr. Irving Dardik's radical notions about how all matter moves in interconnected waves has drawn deep skepticism from physicists, and his early attempts to put his theory into practice in the field of health care got him banned from practicing medicine in the 1990s. But now, after a decade's worth of rigorous research that seems to support Dardik's SuperWave theory, scientists at such esteemed institutions as MIT, Harvard, and Stanford Research International are signing on with Dardik's team to probe the possibilities. For example, Dardik's unique approach to physical exercise, based on his Principle, has achieved some remarkable successes in reversing symptoms of chronic disease.

Making Waves weaves together two fascinating stories: Dardik's personal progression from vascular surgeon to scientific iconoclast and pioneer, chronicling his struggle to convince the scientific community to take him seriously; and the evolution of his mind-expanding SuperWave Principle. Colleagues--skeptics as well as supporters--consider the impact of SuperWave theory on current thinking about nature on all scales, from the universe to the subatomic world, and in the realms of biology, applied science, and medicine. The resulting read will interest those concerned with their own health and vitality as well as those curious about the fundamental workings of nature.

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