



Fascial and Membrane Technique: A manual for comprehensive treatment of the connective tissue system, 1e

Peter Schwind PhD

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The fascial and membrane technique developed by Peter Schwind combines the fundamental thoughts from Ida Rolf's Structural Integration with concepts of osteopathy, creating a successful combination of form-stabilizing and mobilizing techniques. The book emphasizes diagnosis and treatment of the breathing patterns manifest in the myofascial system; minimalistic as well as global application joint techniques; visceral techniques in the myofascial context; special treatment techniques in the craniosacral area and care of the upper jaw.

- Includes comprehensive information on therapy from head to foot with descriptions of the anatomic correlations.
- Clearly describes the theoretical and practical principles so difficult concepts are easily understandable.
- Detailed, easily transposed instructions about treatments allow the reader to put the concepts into practice with ease.
- Photographically documented movements show real examples of topics discussed.

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