



Psychiatry in Primary Care (Cambridge Clinical Guides)

Patricia R. Casey, Richard Byng

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The majority of psychiatric conditions initially present in a primary care setting; the challenge for practitioners is to accurately recognise and diagnose mental illness so that appropriate treatment or referrals can be implemented. Psychiatry in Primary Care is a practical, accessible volume that supplies the key information general practitioners require to achieve this. This significantly revised and updated fourth edition includes 75% new material. Combining the expertise of a general practitioner and a practising psychiatrist, new chapters focus on the considerations of special populations and the use of psychotherapies, including cognitive therapy, problem solving and solution-focussed therapies. An audio CD-ROM gives examples of these therapies in operation to aid the practical application of the theory presented. Evidence based, user friendly and clinical, this is essential reading for general practitioners and primary care mental health workers, as well as trainees in general practice and psychiatry.

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