



# **Buddhist Existentialism - From Anxiety to Authenticity and Freedom**

*Dr Robert Miller*

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# Buddhist Existentialism - From Anxiety to Authenticity and Freedom

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## **Buddhist Existentialism - From Anxiety to Authenticity and Freedom** Dr Robert Miller

This book provides an outline of the Buddhist shunyata principle (the inherent emptiness of all phenomena), and presents a Western philosophical base by which to logically support its integration into the western mind-set. Buddhist and Western philosophy is surprisingly compatible. Buddhist Existentialism outlines the influence of Existentialists, such as Nietzsche and Kierkegaard, and introduces us to the ideas of the Madhyamaka school of Buddhist thought.

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