



# **PRANIC NOURISHMENT - Nutrition for the New Millennium (Living on Light) (Divine Nutrition Series Book 1)**

*Jasmuheen*

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Pranic Nourishment with Jasmuheen

NUTRITION FOR THE NEW MILLENNIUM - New 2012 Updated Version

“Pranic Nourishment, also called Living on Light, is Jasmuheen’s fourth book of metaphysical interest. It is a fascinating story of her personal journey into being physically sustained purely by Light. It also touches on physical immortality, spirituality and sexuality, new millennium relationships and mind mastery utilizing the powerful programming of Dimensional Biofield Science. (This science is discussed in detail in her future books : Biofields & Bliss Vol. 1 to 3; and also in her final book in this Living on Light Series, The Food of Gods – Delta Field Science.)

Pranic Nourishment offers another, more positive, option in this time of world starvation and poverty that currently faces our Third World countries and even more recently some Western countries. Book 2 in this Series Ambassadors of Light – World Health, World Hunger Project takes this discussion to another level. Book 3 The Food of Gods provides another view and method again while The Prana Program takes it into Third World countries.

Pioneering new yet ancient pathways, many are now exploring the option of neither being a meat eater, a vegetarian, a vegan, a fruitarian but rather a ‘liquidarian’ or an individual sustained and nourished purely by the Light of their own Divine nature. To many this freedom of choice, of dependency upon the world’s food resources, is another level of personal mastery.

Formerly a ‘state of being’ reserved for, or attributed to, the Holy men, Saints or Sages of the East; the process described in this text offers a practical and spiritual alternative for those wishing to practically begin to embrace physical immortality, cease or reverse the aging process or simply ‘live on Light’.

‘A new millennium for new options.’

On Pranic Living Jasmuheen writes: “Pranic Living is not a diet - it is an ascension into more refined evolutionary paths on both individual then global levels! As vast multi-dimensional beings, we have limitless access to a source of internal nourishment (prana-chi) that constantly bubbles champagne-like throughout the matrix of life. This pranic stream acts as a type of glue to bind our creations and help with our manifestations to bring more Grace into our lives. Meditation allows us to go deep within the inner silence to discover and experience this pranic flow in all its forms and as we focus upon it we become immersed within it and so find ourselves ascended and transformed. Increasing our personal internal & external chi flow like we do in our gatherings and retreats can rid our world of all of all its hungers and bring about a state of global harmony and permanent peace and so our international tours seminars and retreats continue with this focus.”

As many are now aware, metaphysical author Jasmuheen has spent the last four decades studying the rhythms of the field of Divine Love to the degree that in 1993 she discovered its ability to provide nourishment on not just emotional, mental and spiritual levels but also on a physical level. She then toured

extensively sharing this with all those open to experience this different way of being nourished, continually also offering deep meditations within the field of love that will align us more powerfully to this nourishing force so that our presence enhances human evolution in ways that benefit us all. Pranic living then gave birth to the Embassy of Peace with its pragmatic Programs & Projects of Personal, Global & Universal Harmonization.

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Spent a free time and energy to be fun activity to try and do! A lot of people spent their free time with their family, or their own friends. Usually they performing activity like watching television, gonna beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Can be reading a book can be option to fill your cost-free time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try look for book, may be the publication untitled PRANIC NOURISHMENT - Nutrition for the New Millennium (Living on Light) (Divine Nutrition Series Book 1) can be good book to read. May be it could be best activity to you.

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