

# Dynamics and Skills of Group Counseling (SW 393R 26- Theories and Methods of Group Intervention)

Lawrence Shulman



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Reflecting the author's vast experience as teacher, researcher, and practitioner, Shulman's DYNAMICS AND SKILLS OF GROUP COUNSELING delivers a current, comprehensive, and practical introduction to methods for effective group counseling. Concepts come to life with vivid cases that include "Record of Service" reports and dialogue from actual groups. These illustrative examples connect solid theory to the latest practices as they address the day-to-day realities of leading counseling groups. In addition, the book offers a clear format on how to run a group built around four phases of work: the preliminary (preparatory) phase; the beginning (contracting) phase; the middle (work) phase; and the ending and transition phase. It also demonstrates how these lessons can be applied to a wide range of settings.



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