



Sweets: Soul Food Desserts and Memories

Patty Pinner

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Growing up in a large African-American family in a small town in Michigan, Patty Pinner spent her childhood helping the women of the house-the Queens of Soul Food-whip up the sweet treats that crowned family dinners, neighborhood gatherings, and church socials. In SWEETS, Patty shares her family's stories, maxims, and magical desserts, many named after family members like Cud'n Daisy, Aint Sug, and My My, her beloved grandmother. Part recipe book, part family history, this sweet-as-can-be cookbook is a heartfelt tribute to women who ruled the home and the kitchen with their wisdom, hearts, and cooking.

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