



The Velveteen Principles for Women: How to Shatter the Myth of Perfection and Embrace All That You Really Are

Toni Raiten-D'Antonio

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The Velveteen Principles for Women is a motivational guidebook for those who want to identify the sources of their unhappiness and become genuinely Real themselves. It is essential reading for women who want to free themselves from self-doubt, silence their inner critics, and live as the Real, unique, and valuable women they are meant to be.

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