



The Counsellor's Workbook: Developing a Personal Approach

John McLeod

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The Counsellor's Workbook Developing a Personal Approach Second Edition

This new edition of *The Counsellor's Workbook* offers you a personal exploration of the key issues that may emerge during your development as a therapist. It provides you with an opportunity to document and consolidate your learning and personal development. The Counsellor's Workbook can be used as a stand-alone resource or as a companion text with either the bestselling text, *An Introduction to Counselling 4e* or other key sources. This book will help you to become an effective counsellor or psychotherapist by:

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